



Embodied Writing Retreat on the Beach

For Women

Nov 6 – 13, 2010
April 15 - 22, 2011

Hollywood Beach, FL

Our bodies hold innate wisdom and memory. We access creative resources while embraced by the natural world.

- Meditation
- Shamanic journeying & ceremony
- Contemplative writing (art)
- Creative support, solitude and companionship.

We come together to awaken deeper processes of inspiration and authenticity

Hollywood Beach is one of the most beautiful beaches on the Atlantic Ocean and the Intracoastal Waterway, between Miami and Ft. Lauderdale. Our hotel rests quietly, just steps from the beach. Our comfortable rooms have wifi, a kitchen, outdoor picnic area, pool, quiet tropical garden, patio on the beach on the 3-mile long Boardwalk. Bicycles, kayaks and snorkeling available. Walking distance to parks and restaurants.

\$895* one bedroom \$795* studio
(*for double occupancy if 5 or more sign up).

\$450 deposit. See registration form for more information.

Jaes Seis is a skilled, experienced shamanic teacher, healer and mystical travel organizer. She has an MA and continues her research in Consciousness Studies, art and writing on initiation, transformation and the Dark Madonna/Mother Archetype.



Jaes Seis - Journey of Wholeness
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