

Some Suggested Reading

Introduction to Shamanism:

- Andrews, Ted. *Animals Speak.*
Arrien, Angeles. *The Four-Fold Way.*
Cowan, Tom. *Shamanism as a Spiritual Practice for Daily Life.*
Pocket Guide to Shamanism.
Drury, Nevill. *Shamanism.*
Ingerman, Sandra *Shamanic Journeying A Beginners Guide, with CD.*
Lawson, David. *So You Want to be a Shaman.*
Matthews, Caitlin. *Singing the Soul Back Home.*
Mindell, Arnold. *The Shaman's Body.*
Nicholson, Shirley. *Shamanism.*

Shamanism Books:

- Campbell, Joseph. *The Power of Myth.*
Eliade, Mircea. *Shamanism: Archaic Techniques of Ecstasy.*
Goodman, Felicitas D. *Where the Spirits Ride the Wind, Trance Journeys and other Ecstatic Experiences.*
Halifax, Joan. *Shaman, The Wounded Healer.*
Shamanic Voices, A Survey of Visionary Narratives.
Harner, Michael. *The Way of the Shaman, A Guide to Power and Healing.*
Hunt, Norman Bancroft. *Shamanism in North America.*
Narby, Jeremy & Huxley, Francis. *Shamans Through Time, 500 Years on the Path to Knowledge.*
Tedlock, Barbara. *The Woman in the Shaman's Body, Reclaiming the Feminine in Religion and Medicine.*
Vitebsky, Piers. *The Shaman, Voyages of the Soul, Trance, Ecstasy, and Healing from Siberia to the Amazon.*

Shamanic Healing:

- Doore, Gary. *Shaman's Path, Healing, Personal Growth and Empowerment.*
Ingerman, Sandra. *Soul Retrieval.*
Welcome Home.
Medicine for the Earth, How to Transform Personal & Environmental Toxins.
Some', Sobonfu. *The Spirit of Intimacy.*
Villoldo, Alberto. *Shaman, Healer, Sage.*
Mending the Past & Healing the future with Soul Retrieval.

Healing Trauma, from physiological and psychological perspectives:

- Herman, Judith Lewis. *Trauma and Recovery.*
Levine, Peter A. *Waking the Tiger, Healing Trauma.*

Autobiographical:

- Freke, Timothy. *Shamanic Wisdomkeepers, Shamanism in the Modern World.*
Pinkson, Tom Soloway. *The Flowers of Wiricuta A Journey to Shamanic Power with the Huichol Indians of Mexico.*
Prechtel, Martin. *The Secrets of the Talking Jaguar.*
Long Life, Honey in the Heart

Some', Malidoma Patrice. *Of Water and Spirit*.
Villoldo, Alberto. *Dance of the Four Winds*.
Island of the Sun.

Cultural Shamanism:

Parisi Wilcox, Joan. *Keepers of the Ancient Knowledge*
Ruiz, Don Miguel *The Four Agreements Toltec Wisdom*
Beyond Fear
Sarangerel. *Riding Windhorses A Journey into the Heart of Mongolian Shamanism*
Some', Malidoma Patrice. *Ritual, Power Healing & Community*
The Healing and Wisdom of Africa: Finding Life Purpose Through Nature, Ritual,
and Community.
Sullivan, William. *The Secret of the Incas*

Novels:

Andrews, Lynn A. *Medicine Woman*
Cogan, Priscilla. *Winona's Web*
Ingerman, Sandra *A Fall to Grace*

Young Readers:

Mikaelsen, Ben. *Touching Spirit Bear*.
Siegel, Robert. *Whalesong*.
White Whale.
The Ice at the End of The World.
Carter, Forrest. *The Education of little Tree*,
Lasky, Kathryn *Guardians of GA'Hoole*
Welles, Lee & Hameister, Ann. *Gaia Girls: Enter the Earth*.
Welles, Lee. *Gaia Girls Way of Water*.

Scholarly Research and Challenges to Neo-Shamanism:

Hutton, Ronald. *Shamans, Siberian Spirituality and the*
Western Imagination.
Noel, Daniel C. *The Soul of Shamanism, Western Fantasies, Imaginal*
Realities.
Znamenski, Andrei A. *The Beauty of the Primitive, Shamanism and the*
Western Imagination.

Magazines and Periodicals:

Parabola www.parabola.org 1 800-560-MYTH
Shaman's Drum P. O. Box 270 Williams, OR 97544 541-846-1313
Shift Institute of Noetic Sciences P. O. Box 382 Mount Morris, IL 61054-7666
Shamanism, semi-annual journal of the Foundation for Shamanic Studies www.shamanism.org 415-
380-8416

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www.jaesseis.com